



# Growth Mindset Quiz (Just for Fun!)

For each question, select **Agree** or **Disagree**.

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|---|--------------|-----------------|
| 1. Saying “I’m awesome at piano” is growth-mindset thinking.  | <b>Agree</b> | <b>Disagree</b> |
| 2. Your brain has the ability to change and get smarter.  | <b>Agree</b> | <b>Disagree</b> |
| 3. “You’re so smart!” is a great thing to say to someone to help them develop a growth mindset.                                   | <b>Agree</b> | <b>Disagree</b> |
| 4. If you have a learning disability or are in the gifted program at your school, you should embrace these labels as who you are. | <b>Agree</b> | <b>Disagree</b> |
| 5. You can lose some of your knowledge and skills.  | <b>Agree</b> | <b>Disagree</b> |
| 6. Many famous, successful people claim their success is due to their failures.   | <b>Agree</b> | <b>Disagree</b> |
| 7. The best kind of practice is when you practice specific skills that need improvement.  | <b>Agree</b> | <b>Disagree</b> |
| 8. People who are extremely talented are just very lucky.   | <b>Agree</b> | <b>Disagree</b> |
| 9. Your grades are a good way to predict your potential to learn.   | <b>Agree</b> | <b>Disagree</b> |
| 10. You inherit your weaknesses from your parents.  | <b>Agree</b> | <b>Disagree</b> |