



DREAM STARTERS

Dream Starter #1: Write about three people you know personally and admire. They can be friends, family members, teachers, coaches, neighbors, or anyone else. What do they do that you think is great? What makes them special to you?

Dream Starter #2: Write about three people you admire but haven't met—for example, celebrities, leaders, athletes, artists, or historical figures. What have they done that you think is great? What makes them special to you?

Dream Starter #3: Fast forward to graduation night. Just before you head into the auditorium, you're asked to make five predictions about what you expect to one day accomplish or become. What do you predict? Add as many details as you can.



Form #2 continued . . .

Dream Starter #4: Imagine you're about to attend your five-year high school reunion. You've been asked to make a three-minute video about your life. List the events and accomplishments you'll highlight. Why did you choose these things?

Dream Starter #5: Imagine you're turning seventy, and your friends are about to honor you with a Lifetime Achievement Award. What will they say about you? What have you done that they (and you) think is special? Did you go to college? Create art? Become a star? Start a business? Were you generous to your friends? A good parent? Fun to be around? A thoughtful listener? Committed to a cause?