

Date: _____

Dear _____:

Young children are naturally curious about their bodies and the bodies of others. This is normal and developmentally appropriate. Bodies are a subject that often comes up when children start attending school together.

We recently purchased the picture book *We Are in Charge of Our Bodies*, written by Lydia Bowers and illustrated by Isabel Muñoz. It is part of a series of children's books on consent. *We Are in Charge of Our Bodies* talks about the body parts often referred to as private parts. The story uses the terms *penis* and *vulva*, and it contains conversations between children and teachers about private parts.

In this book and in our program, we use the anatomical terms for body parts because we want children to be able to speak clearly about their bodies. It is vitally important that children be able to talk to safe adults without embarrassment or shame if something is wrong with their private parts. We know this can be an uncomfortable topic, and we are happy to discuss it further and provide additional resources.

In partnership,
